

Health measures under the new normal

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Isla de la Juventud will face from this October 21 the massive entry of people into the territory by sea and for this the authorities adopted the measures corresponding to the stage of the new normality. From the health point of view, Israel Velázquez Batista, director of the Public Health Sector in the special municipality, specified that the PCR (Polymerase Chain Reaction) will be performed in real time to 10 percent of the passengers traveling on board the catamaran.

In the case of those who travel by air, there will be three diagnosed by this effective method to detect the presence of the new strain of the coronavirus, the doctor reported on the usual program Entre Nosotros on local television.

He explained that these people, by not having restricted mobility, will go directly to their homes or jobs, therefore, they must maintain a high individual responsibility, expressed in compliance with the strict use of the mask and established personal hygiene, as well as avoid make and / or receive visits.

The Primary Health Care will investigate them for 14 consecutive days, in case of symptoms and signs tributary to COVID-19: such as fever, catarrhal and / or digestive manifestations, refer the patient to the hospital in order to dispense the corresponding treatment as a suspect , he stressed.

He emphasized the importance of the role of family doctors and nurses in the current stage, which is made more dynamic in view of their responsibility to alert the rest of the health system in the event of suspects of the disease and their respective contacts, and

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from there apply the protocol as established.

We had more than 15 thousand isolated people in the more than 700 capacities destined for the care of sick people, suspects and contacts due to the pandemic and that gave us a work experience, sometimes very tense, but always under the direction of the Council of Municipal Defense, he referred.

He emphasized the importance of biosafety measures in health institutions, in this sense, he highlighted the prohibition of visits to maternal homes, the elderly and the hospital, only one companion per admitted patient will be admitted, and in the case of those who have free diet may receive reinforcement of foods prepared at home.

One of the measures with the greatest impact in the country has been the use of the sanitary mask, thanks to which the transmission of respiratory infections has been avoided and, although it has not been disclosed, the reduction in the number of cases due to this has been exponential. cause in Cuba, he stated.

He said that in the package of measures for the new normal, the disinfection of hands, footwear and surfaces is maintained, as well as the foot steps, provisions that have demonstrated the effectiveness in addressing the disease from the transmission stage, and thanks to which the Cuban health system did not collapse.

It must be understood that at this stage the pine trees will interact with people from all over the national territory, in some of those geographical points there could be a re-outbreak of the virus circulation, therefore, we must avoid contact with patients under medical care, he said.

He added that with the new normality the risks of contagion increase but can be minimized based on individual responsibility, which added to the rigor on sanitary measures will make this territory add more days to the 168 lived until today without new positive cases confirmed to COVID-19.